


**Circular Motion**

Unit 3: Circular Motion, Work and Energy



WELCOME TO HIGH SCHOOL PHYSICS,  
WHERE EVERYTHING'S IN A VACUUM,  
AND AIR RESISTANCE DOESN'T MATTER

3.9 Work and Power

We know work is the change in energy but what is power?

**Power** - the rate of change of work

Recall from Math 10C that "rate of change" means slope.

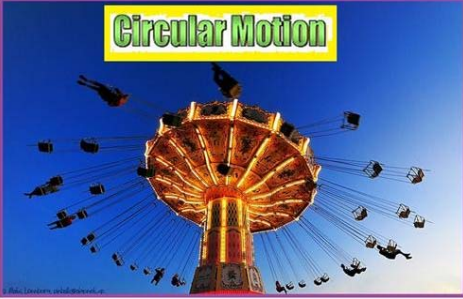
Another way to describe power is "the amount of energy per second applied."

$$P = \frac{\Delta E}{\Delta t} = \frac{W}{\Delta t}$$

P = power (J/s = Watt(W))  
W = work (J)  
E = energy (J)  
t = time (s)

Power was traditionally measure with the unit: horsepower (I'm sure you can imagine why) but this was cumbersome and thus replaced with the Watt.

1 hp = 746 W



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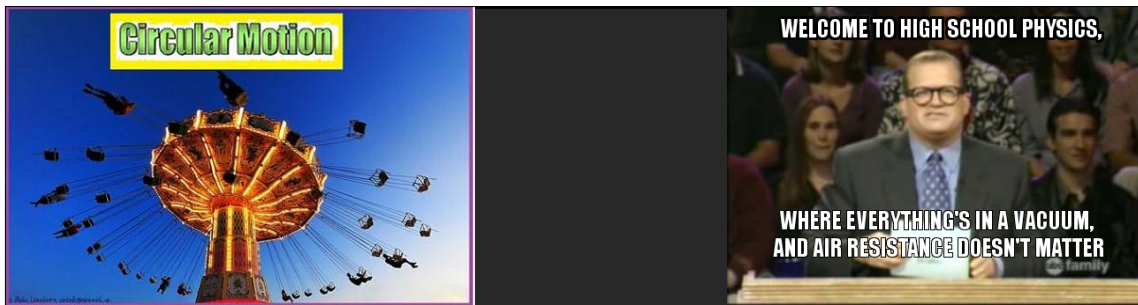
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Note that when you are given the Power formula;  $P = W/\Delta t$ , you can derive different formulas not on the formulas sheet. This is because we have a couple formulas for work;  $W = Fd$ ,  $W = mad$ . One useful derivation is shown:

$$P = \frac{W}{\Delta t}$$

$$P = \frac{\vec{F}d}{\Delta t}$$

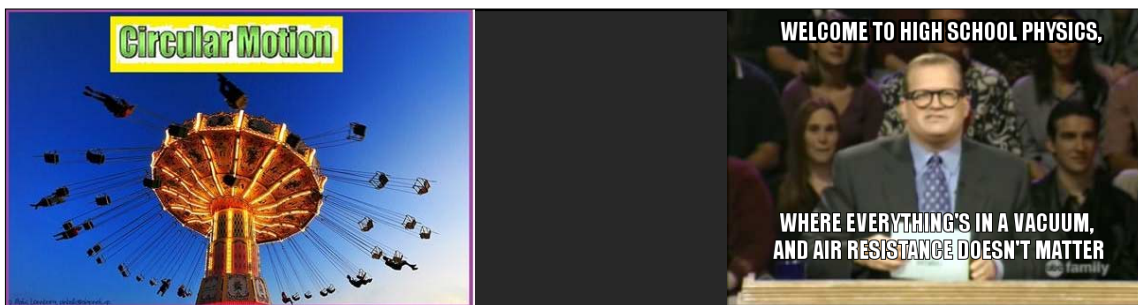
$$P = \vec{F}\vec{v}$$



Ex.) You lift a 25.0 kg box to your waist (0.800 m) in 1.20 s. What is your power output?

$$P = \frac{W}{\Delta t} = \frac{Fd}{\Delta t} = \frac{mad}{\Delta t} = \frac{(25.0)(9.81)(0.800)}{1.20\text{s}}$$

$$= \boxed{164\text{ W}}$$



Ex.) A plane's engine exerts a thrust of  $1.20 \times 10^4$  N to maintain a speed of 450 km/h. What power is the engine generating?

$$P = \frac{W}{\Delta t} = \frac{Fd}{\Delta t} = Fv = (1.20 \times 10^4)(125)$$

$$= \boxed{1.50 \times 10^6 \text{ W}}$$